

christian
aid



Lent Lunch

Your
'how to'
guide

By holding a Lent Lunch for Christian Aid you'll be standing together with our neighbours across the world.

caid.ie/lent



It's really easy to put on a fundraising lunch at church, work or home this Lent. Prepare a simple soup or get creative with your own favourite recipes.

Your recipe for a brilliant event

Just follow these simple steps...

You will need:

- a location
- some guests
- ingredients for the lunch of your choice
- a generous serving of donations.

Combine all these elements to create a fun event. Your collective energy will help raise vital funds for people living in poverty.

For all Lent resources, visit caid.ie/lent



Step 1

Choose your location

If you don't yet have a venue for your Lent Lunch, here are some suggestions.

Church or community centre

Why not hold a Lent Lunch in your church? Or set up tables in your community centre and invite your local community to lunch? You could ask a few other members of your church to help out. Request a voluntary donation from guests for every bowl of soup or plate of food.

At work

Spice up the workday with a curry lunch! Let everyone know in advance the date you'll be providing lunch. Or encourage them to enter their own dishes in a tasting competition – that way you won't have to do all the cooking.

At home

Hold a blind-tasting soup competition at home. Ask family and friends each to make a soup, and blind taste to pick a winner. The chef with the fewest points does the washing-up!

At school

Get your school involved! Add a global dimension to learning about food. Explore ingredients from around the world with international recipes and help students understand why raising money for charity is an important way to help bring justice.

Check out resources for primary and secondary schools available throughout the year at caid.ie/schools

In the wider community

You could even get a local café or restaurant to dedicate their daily special to Christian Aid, donating their profits to help communities worldwide lift themselves out of poverty.

Resources

We've made a poster and other resources to help you promote your event. You can download and print our placemat which includes a beautiful grace to say together.

Visit caid.ie/lent for all you need.

Step 2

Invite everyone for lunch

- Download an editable poster from our website and add the details of your Lent Lunch. Display it on your church noticeboard, or put one in your local shop, café or office. Get your poster at caid.ie/lent
- Download invitations from caid.ie/lent and hand them out to guests or send them by email.
- Do you use Facebook, Twitter, Instagram or other social media? Invite friends and family online and promote your event with pictures. Search for Christian Aid Ireland and tag us in your photographs!

Step 3

What's on the menu?

- Find stories to share about how your Lent Lunch is impacting lives, and download resources to help your guests to give, act and pray this Lent at caid.ie/lent
- Whether you decide to prepare a simple meal, get creative, or have guests bring their own, by holding a Lent Lunch you'll be raising money to help support some of the world's poorest people.

Don't forget to put out your Christian Aid collection boxes at your Lent Lunch!



Step 4

Raise as much money as possible

You can raise even more money by:

- Asking your guests to give a suggested amount for the lunch. If this is the case, and you're in Northern Ireland, please let us know when paying in the total – we can't claim Gift Aid on this type of donation.
- Letting your guests decide if they'd like to make donations. If they do, and you're in Northern Ireland, please ask them to complete the donation form – including ticking the Gift Aid box – to make sure that every pound raised counts even more. Download enough donation forms for everybody at caid.ie/lent
- Combining your lunch with other popular fundraisers such as a quiz or a colouring competition.



Step 5

Put the money you've raised into fighting poverty

There are lots of ways you can pay in the money you raise:

| | Northern Ireland | Republic of Ireland |
|--|--|---|
| Make a payment by debit or credit card | Online at caid.ie/lent or by calling 028 9064 8133 | Online at caid.ie/lent or by calling 01 496 7040 |
| Make your payment by BACS | <p>A/C: 42771268 Sort code: 95-01-32</p> <p>Please state the reference 'Lent Lunch' and your OR number if you know it, or group name. Make sure you email: belfast@christian-aid.org with details of the payment; how much you paid in; the date of your event; and the name of the organisation holding the lunch. This will enable us to send you a 'thank you'.</p> | <p>BIC: AIBKIE2D IBAN: IE17 AIBK 9310 7107 8290 54</p> <p>Please state the reference 'Lent Lunch' and your OR number if you know it, or group name. Make sure you email dublin@christian-aid.org with details of the payment; how much you paid in; the date of your event; and the name of the organisation holding the lunch. This will enable us to send you a 'thank you'.</p> |
| Write a cheque for the full amount (made payable to Christian Aid) and send it to the office | <p>Christian Aid Ireland 96 Beechill Road, Belfast, BT8 7QN</p> | <p>Christian Aid Ireland Canal House, Canal Road, Dublin 6</p> |
| Gift Aid | <p>If you're in Northern Ireland, don't forget to send your Gift Aid forms to the Belfast Office.</p> <p>(address above).</p> | |



Thank you!

christian
aid