



Lent Lunches help raise over £45,000/€51,000 throughout Lent and Easter every year to help fight poverty.

Thank you so much for your contribution!

Donate at caid.ie/lent

Thank you.

A recipe for fighting poverty

Your gift at this Lent Lunch may seem like a small action in the face of global hunger and poverty.

But you are helping to transform the lives of some of the world's most vulnerable people.

Grace

We long for a world where food is joyfully shared,
Where welcome is abundant,
Where compassion reaches all.
As we work towards your kingdom,
We thank you God for food for the journey.
Amen.

Count Your Blessings

Put your faith into action through daily reflections and challenges using the Count Your Blessings calendar. Find out more at caid.org.uk/lent



Download your Lent fundraising resources and read how your donations are changing lives at caid.ie/lent