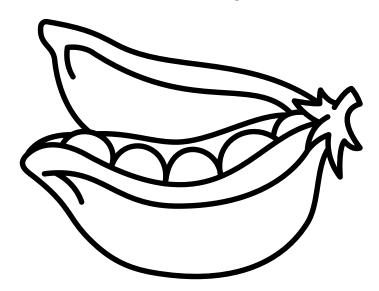
## This is Esther

Christian Aid loves to help farmers in **Malawi** grow lots of healthy food, so we are helping **Esther** to grow a super-veggie called Pigeon Peas. They are super because don't need lots of water, they are easy to grow and they can be used to make all kinds of things, like bread, stew, curry, biscuits and even crisps! We love Esther and we would love you to pray for her and her family as her peas grow and as her dreams grow for a happier future.



## colour your own pigeon peas



## This verse from the Bible reminds us to trust that God has a good plan for our future.

FOR I KNOW THE PLANS I HAVE FOR YOU," DECLARES THE LORD, "PLANS TO PROSPER YOU AND NOT TO HARM YOU, PLANS TO GIVE YOU HOPE AND A FUTURE."

Jeremiah 29:11

## the big pea wordsearch

HAPPINESS PEA PIGEON PODS DELICIOUS CHRISTIAN AID MALAWI GROWING FAMILIES HARVEST FARMER FOOD

G	0	Ι	F	Ε	Ρ	R	S	Η	D	R	Н	Т	W
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F	I	Α	L	S	Ν	S	D	Е	0	S	Ν	С	Α
Α	Т	Ρ	Е	S	Α	F	0	0	D	I	L	S	F
Μ	S	Ρ	Μ	Т	F	L	С	Е	Α	W	R	Ι	Т
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S	Н	S	S	Е	Е	0	I	R	Ν	Α	G	Α	G
v	Ρ	0	D	S	Α	D	D	G	F	I	I	Ρ	Ε
S	S	Ρ	R	F	Α	R	Μ	Е	R	Α	Ρ	Е	Т
D	I	Α	N	Α	I	Т	S	I	R	Η	С	Α	Ρ